

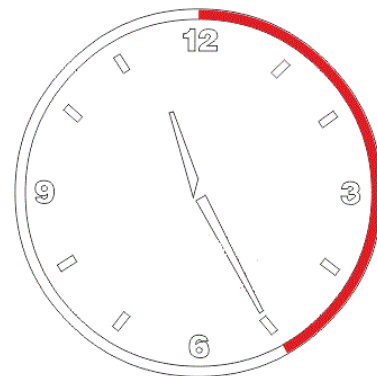
PREPARATION FOR MEASUREMENT

Connect the Pulstream device to an available USB port. Start «Pulstring». "Analyzer Pulse" screen will show up. A "Ready" message will appear at the top of the screen.

The conditions necessary to obtain accurate measurements:



**One hour before
measurement
refrain from eating**



**during measurement,
indoor temperature
not below +18C (+64F)**

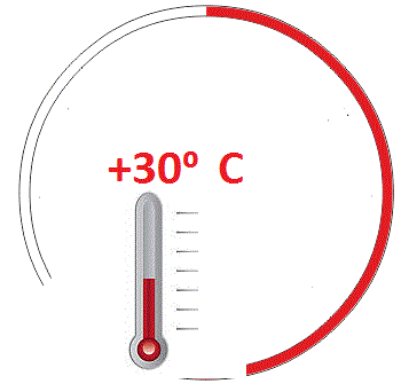


One hour before measurement refrain from alcohol.



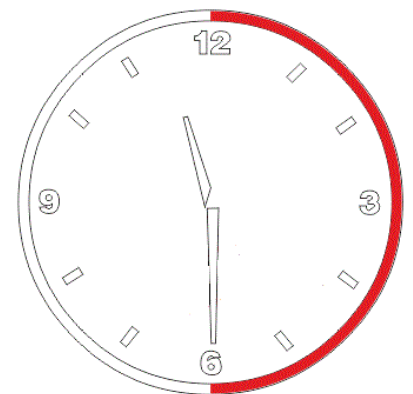
30 min before measurement refrain from drug intake.

1. Hands should be warm, temperature should be at least 28-30 degrees Celsius.



**During measurement,
Hands should be warm,
higher than +30C (86F)**

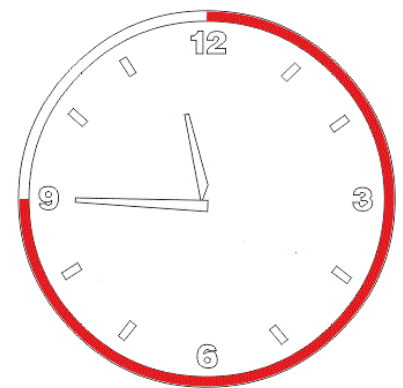
2. It is necessary to warm up the cold hands with massage or warm water. After that wipe the hands carefully.
3. The measurement should be performed in a calm environment.



**before measurement,
relax and get used to the
environment**

4. Sit comfortably at the computer table. Your back should have a support on the chair back or armchair back.

5. Put your left hand on a table, the elbow should be on the table.
6. Relax and breathe steady and deeply.
7. Put a forefinger of the left hand to the device sensor so that the finger cushion of the first phalanx covers the sensor lens.
8. The finger should be placed parallel to a surface of the case of the device.
9. Trembling of muscles (tremor) of fingers isn't allowed.
10. Keep invariable position of your finger while carrying out the measurement. The finger should be pressed on the sensor with a moderate effort. Too strong or too weak pressing of a finger to the sensor can cause distortion in measurement.



**During measurement,
the hand should be
relaxed, the finger
moderately pressed**

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11. Movements with the left hand during measurement are inadmissible. Keep an immovability, silence and tranquillity during measurement.
 12. All manipulations should be carried out by the right hand.